From the kitchen of

THEDACARE™
Recipe: Cranberry Relish

Ingredients:
1 cup sugar substitute (Splenda)
1 cup water
12 ounces fresh or frozen cranberries
1 tsp orange zest

Nutritional Information:
Carbohydrates: 8
Calories: 31
Fat: 0
Fiber: 2

Directions:
Combine sugar substitute and water in a saucepan and bring to a boil.
Add cranberries and orange zest and bring back to a boil. Reduce heat and simmer for 10 minutes, stirring occasionally.
Remove from heat, cool, cover and refrigerate until ready to serve.