

## Prepare

When you decide to become a parent, we'll help you learn as much as possible to ensure a healthy happy baby;

- eLearning Childbirth Education - Gift of Motherhood class
- Childbirth preparation class
- Breastfeeding instruction
- You'll fill out a custom Birth Plan, a flexible plan that lets you choose the details of your delivery and hospital stay, such as environment, pain management, labor support, post-delivery options and more.
- Tours available. Call Family Birth Center at (920) 531-2214

## Information

If giving birth at a high-quality birth center close to home appeals to you, please contact us at **(920) 531-2214** for more information or a personal tour.



**THE DA CARE**  
PHYSICIANS

1405 Mill Street | New London, WI 54961

(920) 531-2214

[www.thedacare.org](http://www.thedacare.org)

## Family Birth Center at



Bringing a baby into the world is one of the most memorable and exciting times in your life. Our experienced team helps make your baby's birth unique based on what's important to you. Best of all, we're close to home, so you don't have to give up convenience to receive high-quality care.

**THE DA CARE**  
PHYSICIANS

## Deliver

The home-like environment of our birth center helps create a relaxing, comfortable birth experience for you and your baby.

### ALL PATIENT ROOMS FEATURE:

- Soothing décor
- Relaxing whirlpool bathtubs
- Kitchenettes
- TVs with CD/DVD players
- Sleeping accommodations for father or support person



Unlike other hospitals, where physicians rotate call time, your own physician will most likely deliver your baby.

## Plan

From the moment you discover you're pregnant, you'll work with our dedicated team to create a birth experience built around what's important to you.



### ThedaCare Physicians-New London

The Family Birth Center at New London Family Medical Center shares a campus with ThedaCare Physicians-New London. You can receive all your pregnancy, childbirth and family health care at the same convenient location.

Our family physicians have extensive obstetrics experience. Your family doctor can deliver your baby, then continue to care for you and the baby after the birth. We also work with other area physicians who provide obstetrical care.

Our nursing staff is certified in advanced skills including labor support, natural pain management and neonatal resuscitation.

We handle births that are expected to be low-risk, but we're fully prepared to deal with deliveries that quickly become high-risk. For your health and peace of mind, we offer:

- 24-hour ultrasound coverage
- On-call Cesarean section delivery team
- Affiliation with ThedaCare, which connects us to Theda Clark Medical Center and the Neonatal Intensive Care Unit (NICU) at Children's Hospital of Wisconsin-Fox Valley
- Access to ThedaStar air medical transportation

## MyThedaCare.org

ThedaCare Physicians patients have access to [www.MyThedaCare.org](http://www.MyThedaCare.org), a secure web site where you can request medical advice, refill prescriptions, request appointments, review test results, research health information and more.

## Educational Classes

### eLearning Childbirth Education - Gift of Motherhood

Conflicting schedules, traveling challenges or bed rest may prevent you from attending a conventional childbirth education class. This web-based childbirth eLearning allows you to learn at your own pace from the convenience of your home. Includes animated illustrations, videos, voice-overs and games. After payment you will receive a special code and book. Program is good for 90 days beginning with your first log in.

Fee: \$60

### Childbirth Preparation Class

This 4-hour class gives expectant couples birth information in a condensed format. You will learn about pregnancy, stages of labor and birth, pain management techniques, medication options, postpartum care and the basics of newborn care. The class day and time is customized to meet the individual needs of the woman and partner. Class size is limited to 1-2 couples to allow for individualized attention to each couple's educational needs. A Birth Center tour is included.

Call 920-531-2212 for registration and information.

Fee: \$45 per couple