








March 2020 ThedaCare Mom and Me Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 1 st	March 2 nd Open Discussion TCA* 1:00-2:30					
	March 9 th Medications Kylie VanderHyden ThedaCare Pharmacy TCA* 1:00-2:30					
****Dana will also talk about starting your own in-home childcare business.	March 16 th Educational Resources & Going Back to Work Dana Bain CCR&R Specialist TCA* 1:00-2:30					
	March 23 rd Chiropractic and Baby Nussbaum Chiropractic TCA* 1:00-2:30					
	March 30 th Nutrition Lori Simon, RD ThedaCare TCA* 1:00-2:30					

To access the calendar on-line, go to www.thedacare.org/momandme ☺

TCA* Mom and Me meets in the Birchwood Room. Enter through main entrance of the West Care Pavilion. Take the stairs on your left and proceed straight through hallway. Mom and Me is not scheduled during holiday weeks. Mom & Me will be cancelled on days when the local school districts cancel classes due to inclement weather.