

TCA/TCN – Fresh Market Cafe invites you to dine with us!

Menu for the week of February 24th -28th

Café Hours, offering “Grab & Go” items, are 7:00 AM – 6:30 PM.

Breakfast features are served from 7:00am-10:00am. Lunch features are served from 10:30am-1:30pm daily.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Breakfast Features	AVAILABLE DAILY: Smoothie Flavor of the Week, Build-Your-Own Omelet, Breakfast Burrito, Scrambled Eggs, Egg Beaters, Sausage Link/Patty, Breakfast Potatoes Mixed Berry French Toast Bake					
Lunch Features	Mac and Cheese Broccoli w/ Carrots Kale & Mushroom Sautee	Chicken and Dumplings Sweet Potato Cauliflower w/ Carrots	Cider Pork Loin Scalloped Potatoes Roasted Brussel Sprouts	Firecracker Chicken Street Fries Minted Peas	Coconut Salmon Creamy Orzo Chef’s Selection	
Bowl/Bar	Build Your Own Mediterranean Bowl Choose from - Brown Rice, Lemon Herb Chicken Thighs, Cucumber, Red Bell Pepper, Red Onion, Tomato, Hummus, Feta Cheese, Kalamata Olive, Pepperoncini, Spinach and Greek Dressing					
Soup	Chicken Chipotle Two Mushroom Barley	Wisconsin Chili Garden Vegetable	Italian Wedding Thedacare Wild Rice	Tomato Chicken Basil Wisco Beer Cheese	Lentil W/ Kale and Sausage Butternut Squash Chili	
Sandwiches, Pizza & More	Build-your-own deli sandwich option is available daily. This Week’s Featured Sandwiches are: Gyro Sandwich, Portobello, Steakhouse Grill From the Grill - Hamburger, Cheeseburger, Vegan Bean Burger, Grilled 3 Cheese Panini Sandwiches – Cubano, Pesto Turkey, Ham and Swiss, Margherita House Made Pizza, Chicken Tenders and Roasted Potato Wedges available daily					
Salad	Fresh Salad Bar is Available Daily This Week’s Salad Feature: Cobb Salad – Mixed Greens, Diced Chicken, Avocado, Scallions, Cherry Tomatoes, Cucumbers, Gorgonzola Cheese and Your Choice Of Dressing					

Saturday & Sunday – A variety of prepared foods, Salad Bar, Soups and Sandwiches available during lunch hours, in addition to the “Grab and Go” Items. An assortment of freshly-prepared food items is also available in the fresh food vending machines (TCA – 1st and 3rd floor; TCN lower level). Menu is subject to change without notice. Nutritional information is available on Heartbeat.